An Experience Report on Using Gamification in Technical Higher Education

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ABSTRACT
Technical universities, especially in Europe, are facing an important challenge in attracting more diverse groups of students, and in keeping the students they attract motivated and engaged in the curriculum. We describe our experience with gamification, which we loosely define as a teaching technique that uses social gaming elements to deliver higher education. Over the past three years, we have applied gamification to undergraduate and graduate courses in a leading technical university in the Netherlands and in Europe. Ours is one of the first long-running attempts to show that gamification can be used to teach technically challenging courses. The two gamification-based courses, the first-year B.Sc. course Computer Organization and an M.Sc.-level course on the emerging technology of Cloud Computing, have been cumulatively followed by over 450 students and passed by over 75% of them, at the first attempt. We find that gamification is correlated with an increase in the percentage of passing students, and in the participation in voluntary activities and challenging assignments. Gamification seems to also foster interaction in the classroom and trigger students to pay more attention to the design of the course. We also observe very positive student assessments and volunteered testimonials, and a Teacher of the Year award.

Categories and Subject Descriptors
K.3.2 [Computer and Information Science Education]: Computer science education; C.0 [Computer Systems Organization]: General—System architectures; C.1.0 [Computer Systems Organization]: Processor Architectures—General; H.3.4 [Information Systems]: Systems and Software—Distributed systems

Keywords
CS Ed research; gamification; experience report

1. INTRODUCTION
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Technical higher education, in Europe and in many other parts of the world, is at a crossroad. The pace and complexity of technological progress, the economic pressure, and the cultural changes occurring over the past century have increased the need for a well-educated body of technical-university graduates. However, from the 2000s and onwards the number of students who enroll has started to decrease and the percentage of students who finish their studies in time has decreased. In the Netherlands, under 40% of the students enrolled in technical universities in the three-year B.Sc. curriculum finish in less than four years. In several European countries, including the Netherlands, the quality of education in sciences, especially mathematics, at pre-university levels has decreased significantly over the past decade. Concurrently, students in South Korea, etc., are pressured into completing their courses not only on time, but also with top grades. In this context, an approach that balances between laxity and strictness is desirable. Towards this end, we present in this work an approach to teach computer science courses in technical universities that is based on gamification, that is, on using social gaming elements in the design of undergraduate or graduate courses.

Gamification may have originated in the early-Communist thought and matured in the Soviet era [15], as a substitute for monetary incentives to perform at work, and saw a re-emergence in the U.S. in the early 1980s [14]. More recently, in the 2000s gamification received various definitions [6, 11], and was used with promising results in various curricular [7, 4] and organizational [8, 15] settings.

However much already applied, for example to engage university students in a limited setting [7], gamification is not easy to apply to a new topic. For example, giving students points may foster competition and incentivize them to study harder, but it may also diminish their intrinsic motivation and (when points are not well balanced) make them feel discriminated against. The vast array of gaming elements available to designers [3], the loose theories of fun [13], and the contradictory evidence regarding the use of gamification in practice, make applying gamification in higher education a challenging task. Thus, we have set to investigate the following main research question Can gamification be effective in teaching higher-education courses?

We have applied gamification to the design of two courses in university-level computer science, both taught at GamificationU, which is one of the leading universities in the Netherlands and in Europe. Chronologically, the first of these courses is a first-year undergraduate course on Computer Organization that matches the Architecture and Organization (AR) knowledge area in the ACM/IEEE CS2013 curriculum [1]. We have taught a gamification-based version of this course for three consecutive years, since the academic year 2010–2011. The second of the two courses is an M.Sc.-level (graduate) course on Cloud Computing, which we have taught during the academic year 2012-2013. In total, we have educated using gamification over 450 students, of which over 75% have completed the course. Although we agree that gamification cannot solve the intrinsic problems of education units, such as poor course content and inadequate teaching skills, we find that it can lead to better course experience for the students and to better overall course outcomes.

With the two gamified courses, we have followed a variety of instructional goals. Our primary goal was to develop curriculum elements related to computer science education in systems at undergraduate and graduate level, especially focusing on parallel and distributed systems courses (PDC). Firstly, we have tried to help our students gain experience with system design. Understanding the relationship between abstract architectures and real-world implementation is difficult to acquire at all ages, but, for first-year students, it can be dispiriting and may be a cause for quitting studies. Secondly, we have attempted to foster learning of topics that are challenging technically, and broad and possibly also deep conceptually. The natural consequence, which we have observed first-hand in the Netherlands for the past decade, is a high failure rate among students. Thirdly, scalability and elasticity are some of the most long-lasting, challenging problems in computer science [12, 2, 10], and we are trying to educate students about them early on (the first-year undergraduate course) or in-depth (the M.Sc.-level course). Fourthly, to make the courses more relevant to emerging computer science topics [5], we have added to the undergraduate course elements of GPU architecture and programming, and, to both courses, elements of or a focus on distributed/cloud computing architecture and programming.

Towards answering the main research question, our contribution is fourfold:

1. We introduce a gamification toolbox for academic-level computer science (Section 2).
2. We design two gamification-based courses, which together cover a variety of desirable instructional goals (Section 3).
3. We approach gamification through an empirical method (Section 4). For three years, we have taught hundred of students who succeeded more than usual. We use passing ratios, participation counts, and results of evaluation surveys to quantify the effectiveness of using gamification in teaching our courses.
4. We summarize the lessons we have learned in applying gamification in academic-level CS education (Section 5). Our lessons are personal, but hopefully educational: we made mistakes, encountered student and organizational resistance, and read eye-opening student testimonials of how gamification has changed the life of our students.

2. COURSE GAMIFICATION TOOLBOX

In this section we analyze gamification as an education technique. We see gamification as using social gaming elements, such as team-work, game thinking, and game mechanics, in non-game environments (here, higher education). The main premise of gamification is that it gives the educator a number of powerful and predictable tools for influencing human motivation and behavior and, when done right, to activate various types of students in pursuing learning activities. The main challenge is to make technically and conceptually challenging courses interesting for classroom of students with various personalities and skill-levels. We describe in the following 4 types of students (Section 2.1) and 7 core tools for course gamification (Section 2.2).

2.1 Player Classes

The astute professor needs to understand and cater to different student skill-levels and personalities. We propose that skill can be assessed dynamically, via tests offered during the operation of the course, and that personality (or motivation) can be understood within the framework of four primary player-motivations defined by Bartle [3]:

1. Explorers are players who enjoy understanding the world—the student who is curious. Designing courses for these students is challenging for the educator, as students are interested in both the quality and the quantity of the material.

2. Achievers enjoy completing most of the challenges they are presented with. These are our ambitious, high-achieving students, who would strive not only to pass the course, but also to achieve at least a grade of 80%.

3. Socializers participate in the game mainly because other players, in particular players like them, also do. Passing the course is interesting for them, if it allows them to continue being part of the same social circle.

4. Winners (Killers in Bartle’s taxonomy) want to complete challenges at the expense of other players. For them, a challenge is good if it can only have one winner (preferably themselves). Many of the top-percentile students could belong to this category. Winners may be self-destructive, in that competitiveness may push them into burn-out, depression, or boredom.

Bartle also finds [3] that any long-running game community needs players from every personality type. In particular, he finds that winners and achievers are classes of players without whom game ecosystems cannot survive. In this model, a classroom without the participation of top students quickly collapses, in both level and attendance.

2.2 Seven Core Tools for Course Gamification

Our current approach for gamification of education units fits within the framework of Ziehermann and Cunningham [17]. For them, as for many traditional theorists of computer games, games contain mechanics, dynamics, and aesthetics. Mechanics define how games operate as systems, that is, the way they convert specific inputs into specific outputs. Dynamics guide how players and the game mechanics interact during the runtime of the game. Aesthetics refer to the way the game mechanics and dynamics interact with the game designer’s artistry, to produce cultural and emotional outcomes.

We propose that mechanics and dynamics are what a course designer can systematically employ and tune to produce desired student and community behaviors; aesthetics,
The 4 core dynamics are:

1. **Badges and other status displays** refer to ways to show achievement. Badges quantify achievement through their challenge and scarcity, but may also be offered to surprise the students. For example, an educator may invent fun badges such as “late but smart” badge for late students who can answer a question when they first enter the class.

2. **Onboarding** is the “act of bringing a novice into the system” [17]. Most modern online games employ the simple technique of starting with “tutorial” game tasks, that is, tasks that every user is guaranteed to be able to solve with relative ease and in a short period of time. Once successful, novice players find it more difficult to leave the system.

3. **Social engagement loops** are designs that make players return to the game. Students that are part of a team have a strong social incentive to be present, if missing out diminishes the chances of the team to perform well. In-class interactions between groups of students are also important.

4. **Unlocking content** is a powerful dynamic tool for controlling the evolution of the course. Students may not be allowed access to a course component, prior to completing the core requirements of another. Top students may be allowed access to supplementary course material, tougher assignments, etc.

| Table 1: Course topics and curricular reward, in credits. Each credit (EC) requires about 28 hours of study. |
|-----------------------------------------------|-----------------------------------------------|
| BSc-CO, 6EC (168h)                           | MSc-CC, 5EC (140h)                           |
| Digital Logic and Data Representation        | Overview of cloud computing                  |
| Computer Architecture and Organization       | Scheduling and Resource Management             |
| Interfacing and I/O Strategies               | Data Centers and Energy Efficiency             |
| Memory Architecture                          | Multi-tenancy concepts, incl. virtualization  |
| Functional Organization                      | Cloud programming models                      |
| Multiprocessing                              | User studies                                   |
| Performance Enhancements                     | Directions in Computing                        |

3. **DESIGN OF GAMIFIED COURSES**

To gain experience with the use of gamification in practice, we have implemented two courses using the toolbox for course gamification introduced in the previous section. The courses are a first-year undergraduate course on Computer Organization (BSc-CO) and a graduate course on Cloud Computing (MSc-CC). Table 1 summarizes the main topics for each course. BSc-CO covers the topics recommended by the ACM/IEEE CS2013. For the topic “Performance Enhancements”, BSc-CO students learn about pipelining. In “Directions in Computing”, BSc-CO includes several basic concepts of parallel and distributed computing, such as Amdahl’s Law and synchronization; such approaches have been discussed in a recent SIGCSE panel [5]. We also include here extra lectures on the basics of GPU architectures and programming, and on Cloud computing architecture and programming, which are unlocked for the top 20% of the students and do not count for the course grade. MSc-CC is an innovative course in cloud computing, in that it focuses on the architectural (systems-building) perspective, rather than courses that focus on MapReduce [2]. Instead of programming in MapReduce, which is one of the many possible big data programming models, we focus on resource provisioning and allocation. Students can choose to deploy MapReduce-based applications, but the course does not prescribe this.

3.1 **Supporting Player Classes**

We devise the two courses to accommodate the various types of players described in Section 2.1, as follows. BSc-CO proposes to students in-class discussion about concepts, weekly tutorials that bridge the gap between concepts and practice, pair-programming in the laboratory to experiment, and self-study in teams of 6 to create opportunities for social learning. MSc-CC uses in-class discussion, reviews of articles and team presentations, and pair-programming in the lab.

The match to player-motivations is straightforward. Explorers have multiple paths to explore. Achievers have sufficient paths of advancement, and several options within each path. Socializers benefit from being part of two teams per course. Winners compete with each other for the most challenging aspects of the lab-work and during in-class discussion. Students can pass the course by following the path(s) that suit their intrinsic motivation.

3.2 **Using the Course Gamification Toolbox**
To gamify the two courses, we employ the mechanics and dynamics described in Table 2. We set for both courses a points-scale in which 10,000 points are required for a course grade of 10; this large number decouples the reality of the final course grade (from 1 to 10 at GamificationU) from the abstract in-course denomination. Various access tokens challenge competitive and exploring students. Onboarding offers a small reward to students at the start of the course. Various teams offer the needed social engagement loops. For MSc-CC, where students are more mature, we use peer assessment for the presentation component of the course, after preliminary instruction on evaluation criteria.

The highest rewards require multiple steps of unlocking. The toughest bonus lab-assignments may ask from students the prior completion of several other course-components. The top 20% of the students are offered additional course-bonuses, the multiple paths of advancement already motivate them to return to class. This is further supported by the increasing number of students who complete in teams the social track (“Bonuses, Self-Study”).

As indicated by the in-class completion percentages (column “Participants”, “In-class”, between parentheses), courses that use gamification achieve good results. We summarize the results observed for our student cohorts in Table 3. These results indicate that:

- As indicated by the in-class completion percentages (column “Participants”, “In-class”, between parentheses), courses that use gamification achieve good results. The completion percentage, which only counts first-try completions, is encouraging. In 2013, over 75% of the students completed both courses; for previous years, only 65% have completed in their first try. From student surveys and testimonials, we find completion percentages to be correlated with (although perhaps not caused by) increased student satisfaction, which many students agree is due to gamification. The high completion percentage addresses one of the major problems caused by) increased student satisfaction, which many students agree is due to gamification. This is further supported by the increasing number of students who complete in teams the social track (“Bonuses, Self-Study”).

- As indicated by the completion percentage, the multiple paths of advancement already attract a significant fraction of our students. As new students get to learn course best-practices from the previous, and find class-time useful, we expect that participation will increase. For the first-year undergraduate course, we also conclude that more incentives are needed to attract the students.

We also find that:

- Based on the attendance to extra lectures, to which almost 100% of the students invited show up, we find that top students do like to learn for the sake of learning—they have high attendance even for lectures that do not impact the course grade.

4. EMPIRICAL EVALUATION

We summarize in this section the results of a multi-year, empirical evaluation we have conducted via the two gamification-based courses at GamificationU (see Section 1).

4.1 Impact of Gamification on Participation, Completion, and Retry On Failure

We report on data collected over 4 course sessions, characterizing over 450 students. We have managed BSc-CD, the first-year undergraduate course, for 3 Spring sessions that accommodate each 100–150 fresh students and 50–60 students who have failed the course in previous years. MSc-CC, the M.Sc.-level course, was given for the first time in Fall 2012 and attracted an unexpectedly high enrollment of over 50 students (only 36 actively participated). For BSc-CD, we also report on results prior to the introduction of gamification, for the Spring 2010 session (the limit of our access to old-course data); however, other elements of the course, such as the lecturer and the lab-work support team, have also been changed.

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Mid-term performance characterizes well the top performers in the BSc-CD cohorts. Among the Top-20% at the end of the course, less 15% were not already part of the same top, mid-term. This allows for an early identification of achievers and winners.

- About 10–15% of the students fit the profile of winners or achievers. Less than 5% of the students will try to improve their grade if they have already passed the course in the first try; these correspond to achiever profiles.

- Unlike previous years, when failing students did not return to take the re-sit exam the same year after failing...
for the first time, for the gamification-based BSc-C0 over 90% of the students who failed tried again the same year; about 65% of them passed at their second attempt.

4.2 Student Satisfaction

We report on three types of student satisfaction evaluations, official surveys, volunteered testimonials, and in-class participation.

Our university runs detailed official surveys for every first-year course. Figure 1 depicts a selection of results for two of the most important questions in the survey, related to learning and interest in the course content. On a scale from 1 to 4, where 4 indicates complete approval and 1 complete disapproval (neutral opinion is not allowed), over 96 students (60-75% of the enrollment) have responded. For the two statements, the study indicates approval, with an average of 3.24 (standard deviation 0.61) and 3 (0.85), respectively.

In our own survey, run in-class and anonymized, we have asked students to evaluate various aspects of gamification. Surprisingly to us, more students thought more carefully about the course due to gamification (over 90%) than felt more motivated by gamification (only 50%-75%); in other words, even students who did not care about the particulars of the teaching technique were pushed by gamification to think more carefully about the advancement paths (the course design). We also find that over 90% of the respondents enjoyed the interactive part of the lectures and enjoyed the exercises at the end of the lectures.

We find that in-class participation is high. Lectures are often the bane of modern education, especially for large-enrollment classes. Participation in our lectures is voluntary and not rewarded, and videotapes of the lectures (from previous years) are available to students, yet students participate in large numbers to our in-class activity. Anecdotally, we observe 60-70% of our students in the classroom, even late in the course. For the extra lectures, we observe even higher levels of participation (as reported in Section 4.1). Also anecdotally, these are much higher numbers than the numbers regularly observed in the same faculty.

During and at the end of the course, we have received a large number of volunteered testimonials, some via email. A few examples of the enthusiastic response of our students: “I just would like to say that the extra lectures are a great concept to reward the motivated students.” “Lectures were nice, different in a good way from other teachers.” and “I really like the rewards [during lectures]”.

4.3 The Cost of Gamification

For the two courses we have explored in this work, we estimate the cost of gamification in time spent to create the gamification elements and to adapt the course content, which is in our experience:

- One week to consider gamification elements.
- One day per lecture for adaptation.
- Two hours per lecture, for analyzing end-lecture quizzes and adapting the next lecture accordingly.
- Two days after each major exam, to tabulate results.
- One week to compile final course results, using spreadsheet technology.

5. LESSONS LEARNED

We summarize in this section what we have learned as instructors and designers of two gamification-based courses.

5.1 Educator Experience

Gamification can be personally rewarding (see Section 5.2). In addition to rewarding interaction with the students, one of the authors of this article received, after students voted anonymously, a Teacher of the Year award. The reasons for this award include gamification.

Gamification can also be difficult on the instructor, in addition to the time overheads it incurs (see Section 4.3):

- There is a need for computer-assisted management of bonuses, etc., especially for large-enrollment courses.
- Introducing gamification can be difficult. Among the hurdles, we found: explaining a new system to students, conquering organizational inertia to get initial approval, limited university support before the approach became a success, etc.

From a technical perspective, we believe that:

- Offering points through announced tests leads to class rhythm. Unannounced formative tests, both within a lecture and across a course, may offer strong incentives for students to stay focused.
- Performance-related badges are very popular. Although negative badges exist in the world of gaming, for education we recommend that only positive badges should be used.
- Using short end-of-lecture quizzes and continuously asking for student feedback can provide meaningful information for gaming analytics.

5.2 A Testimonial

Among the testimonials, several have shown us that gamification can have an important impact on (student) lives. The following example is from a student who was not able to complete her B.Sc. studies for several years, in part because of failing to pass BSc-C0; she was helped by our alternative paths of advancement: I want to thank you for showing that even though I’m not that good at written exams, I still can excel at other points in my study. I’d love to have a copy of my badge, as physical reminder of a course that made me eager to learn about things. Even when some of those things will never really have my interest. This course, and the way it was given, learned me a few things about what motivates me, and only for that reason it was totally worth getting up for every lecture.

6. RELATED WORK

We discuss in this section related work on instructional methodology and on curriculum content.

Methodologically, our work is one of the first to assess gamification in university settings, and the first long-term study of gamification effects in undergraduate and graduate courses. In a recent study [7], gamification was used to present orientation information to university students.
Content-wise, ours is one of the first long-term studies on how to mesh advanced PDC topics (GPUs, cloud computing) into first-year undergraduate courses. Our two years of practice could contribute to the debate on this topic [5]. This work also complements previous studies on the use of programming models for advanced distributed systems, in particular MapReduce [9, 16]. In contrast to these studies, which focus on enabling cloud infrastructure for students, ours focuses on diversifying the content paths within the topic of (distributed) computer systems.

7. CONCLUSION AND ONGOING WORK

Responding to an increasing need to find new techniques for teaching academic-level computer science, we have proposed in this work to use gamification to improve student participation and success in technical higher education.

Drawing from various game studies, theory of fun, and education methodology, we have designed a toolbox for course gamification, which adapts to different types of students via a set of mechanisms and dynamics. Using this toolbox, we have designed two gamified courses, one at undergraduate and one at graduate levels. Key features of our design include enabling various paths of advancement, and fostering social interaction inside and outside the classroom. Our empirical evaluation reports on three years of experience with the undergraduate and one year with the graduate courses, during which we have educated over 450 students. We have found that gamification can help in many ways our students, from increasing passing rates and participation, to high student satisfaction and heart-warming testimonials.

We are currently extending this work via additional surveys. We have collected already over 300 new, more in-depth responses, and are currently analyzing them. We also plan to investigate far-reaching questions about gamification: How to enable longitudinal studies of gamification? How to design a prototypical gamification-based course in computer science? Which type of instructional goal gains most from gamification? Which type of student gains most from gamification? Which gamification element is responsible for the largest improvement? etc.

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